

## Rehearsal Plan

Ensemble: High School Chorus

Voices: SATB divisi

Piece(s): “Emerald Stream” by Houston

Objective(s): ES – run and polish

### Procedures

1. Warm-Ups
  - a. Stretching as normal
  - b. Breathing with style – breathe in for 4, exhale on “Sh” in pulses & hold (sip?)
  - c. ABCDEFGHIJKLMNOPQRSTUVWXYZ diction activity + good for breath
  - d. Vi-Ve-Va-Vo-Vu Scale/Arpeggio exercise
  - e. Minor scale cascade, listening through the ensemble (turning to face?)
2. Emerald Stream – run and polish
  - a. Run through entire piece – get students to LOOK UP
  - b. Review dynamic and stylistic work
  - c. Use gestures to increase heavy pulse on downbeats + diction
  - d. Really dig into vowels and shadow vowels this rehearsal!